

STOCKENBRIDGE

BREAKS



The Star Hotel, Alfriston, Sussex

Monday 8th February — Friday 12th February 2027

A luxury Winter Bridge Break with the Stockens in a medieval Sussex village at the foot of the South Downs

from £1296pp* including: * with 10% loyalty discount

4 nights' stay in Olga and Alex Polizzi's luxury 4-star hotel

Half-board every day including:

- Delicious breakfast with hot and cold options
- Afternoon tea with freshly made biscuits
- Three-course dinner with 1/2 bottle per person of selected wines

Refreshments available during bridge play

Reception with aperitif on the first evening

All Bridge tuition and course notes

Very special bridge holidays

The Star Hotel

Set in the heart of the South Downs, The Star is a beautifully restored 15th-century inn that blends historic charm with understated luxury. Timber beams, winding staircases and characterful rooms evoke centuries of heritage, while thoughtful design and modern comforts create a warm, welcoming retreat.



With its elegant dining, tranquil courtyard and idyllic village setting, The Star offers a refined yet relaxed escape in one of England's most picturesque corners.



This is the third hotel in the Polizzi Collection, run by mother and daughter, Olga and Alex Polizzi, joining Tresanton in Cornwall and Endsleigh in Devon where we have been running fabulous bridge holidays for many years.

Exemplary food at The Star Restaurant

The Star's kitchen showcases modern British cooking rooted in seasonality and local Sussex produce. Dishes celebrate the best of land and sea from carefully sourced meats to fresh coastal fish, prepared with classical technique and a light contemporary touch. The result is food that feels both refined and comforting, elegant without being fussy.

For more information and photographs, please visit the website: thepolizzicollection.com



MENU at THE STAR

*House salted cod & potato croquettes, tomato sugo, basil aioli, dressed watercress
Ricotta salata & blood orange, salad lambs' lettuce, mint, toasted pistachios
Cheese souffle with fontina & pecorino, pickled radicchio, walnuts, sea salt crostini
Crab girasoli with lemon, saffron & parsley butter sauce, aged parmesan
Porchetta tonnato with cold sliced roasted pork, caperberries, rocket, aged parmesan*

*Baked hake, lemon, braised fennel, sardine puttanesca with capers, olives & chilli
Red wine braised lamb shank, milanese saffron risotto, pickled onions, horseradish
Spinach & ricotta ravioli with gremolata, sage butter sauce, aged parmesan
Sirloin of Sussex beef, tagliata pomodori alla mugellana, rocket, aged parmesan
Radicchio lasagne & leeks, fresh egg lasagne, taleggio cheese & bechamel sauce*

*Orange polenta & thyme cake with honey and crème fraiche
Dark chocolate & orange mousse, honeycomb ice cream
Pistachio & white chocolate tortino toasted pistachios, chocolate ice cream
Red wine panna cotta, warm gingerbread, poached pear
Selection of cheeses, Ouse Valley chutney, quince, grapes & sourdough crackers*



Please Note

Dinner will be accompanied by half a bottle of house wine per person.

This is a sample menu and will vary according to the season and availability of produce.

There will be a choice of dishes for each course, ordered in advance.

Included in the price is a feast of a breakfast with tantalising hot and cold choices.

Lunch is not included in the price of your holiday giving you the flexibility to eat at the hotel, or eat in the locality. Any special diets can be catered for.

Accommodation

Reflecting the leafy location in the heart of the South Downs, each bedroom is a step into Spring. The 29 rooms have an abundance in light and seasonal scenes - think soft sage greens, warm creams and duck egg blues, branch and oak leaf door accoutrements, vintage mirrors and floral art. Bathrooms are a soothing delight with either spacious showers or a good deep bath, fluffy towels and unctuous bathroom products. Suites add dusky velvet sofas plumped with cushions embroidered with birds. All rooms have a king-sized bed, walk-in shower and can be twinned except the Heritage Junior Suite (pictured right).



Please contact us for further details about the rooms and bathrooms. Please note that the hotel does not have a lift and the Bridge room is on the first floor. *Bedrooms are available from 3pm and check out is 11am.*

'The perfect place for a rest and reset' - Tatler

Room Type	Cat.	Floor	Description - see website for full details
Classic Juliet	♣	1st	Juliet balcony. Shower
Classic Terrace	♦	Ground	Small terrace. Shower. Dog-friendly
Courtyard View	♦	1st	Pretty rooms overlooking courtyard area. Shower
Star Lane View	♥	1st	Comfortable seating area. Large shower
Junior Suite	♥	Ground/1st	Comfortable seating area. Large bathroom with shower and bath. 1st floor rooms have Juliet balconies
Heritage Junior Suite	♥	1st	Oldest part of the hotel, original features, king bed - not twin. Large bathroom; rolltop bath, no shower
Olga Suite, Star Junior Suite	♠	1st	Pretty, light-filled seating area. Shower and bath
Junior Suite Terrace	♠	Ground	Seating area, terrace. Shower and bath. Dog-friendly
Forte Suite	NT	1st	Largest room. Separate living room. Shower and bath

Other things to do around and about

There is free time in the afternoons, so this would be the perfect time to explore the local surroundings.

Walking

There are wonderful walks in every direction from The Star: short, long, high and low. Head along the bends of the Cuckmere River towards the sea or up steep paths on the Downs and cliffs above. Every bedroom has a selection of printed illustrated walking maps for guests.



Towner, Eastbourne (20 minutes' drive)

This wonderful art gallery has regular exciting contemporary art exhibitions, as well as the largest collection of works by Eric Ravilious.



Alfriston and Lewes

The pretty village of Alfriston has numerous fabulous independent shops and boutiques; or head to Lewes (20 minutes' drive) with lovely shops, a castle, and Charleston, the former home of the Bloomsbury group. Book a house tour, peruse the pretty garden, visit the exhibitions and don't miss the excellent shop!

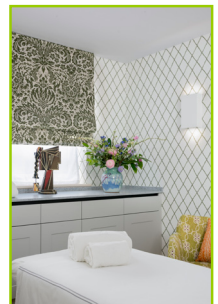


Rathfinny Wine Estate (5 mins' drive, 40 mins' walk)

This English vineyard is renowned for its English Sparkling and offers drop-in tastings as well as tours of the vines.

Spa Treatments

If this all seems too energetic, The Star offers a range of holistic wellness treatments including massage and facials.



Bridge with brother and sister, Zeb & Claudia

Zeb Stocken has many years experience of teaching and hosting bridge events, and whether you come as a group, in a pair or on your own, you can be certain of an instructive and enjoyable game adapted to your level.



Claudia will ensure the smooth running of your holiday and their mother, Dinah will be joining the group to supervise and partner guests if needed. The bridge programme will be a mixture of teaching, supervised play and some duplicate or teams – all played in a fun and friendly environment.



The tuition sessions will use Compass Cards (set deals) and a fun topic tailored to the group. All bridge sessions are optional and open to all standards of play although we can only accommodate complete beginners if booked as a group of four. Water, tea and coffee will be available during play. NB Bridge will take place in the Pilgrims' Room on the first floor of the hotel.

It is important to stress that our holidays are not aimed at the type of player who likes a serious 24-board duplicate every night. Our ethos is that bridge should be a friendly and social game where you can meet like-minded people, and our holidays reflect that. No partner is needed on a StockenBridge holiday.

Bridge Schedule

Monday

Supervised play *3.30pm - 5.30pm*
After dinner supervised bridge or Chicago

Tuesday, Wednesday, Thursday

Bridge tuition *10am - 12.30pm*
Teams or duplicate *5pm - 7.15pm*
After dinner supervised bridge or Chicago

Friday

Bridge tuition *10am - 12.30pm*



Travel Details

The Star Hotel is set in the medieval village of Alfriston in Sussex about 60 miles due south of London and 4 miles from the south coast. The nearest towns are Eastbourne to the southeast and Brighton to the west.

Travelling by car:

The Star is a 2-hour drive from London via the M23, A23 and A27. The hotel has a large gated car park with 4 fast electric charging points.



Travelling by train:

There are regular, direct services from London Victoria to the nearby town of Polegate, taking about 75 minutes. The hotel can arrange for you to be picked up from Polegate station, just 5 miles away and about a 10-minute taxi ride.

Address: The Star Hotel, High Street, Alfriston, East Sussex, BN26 5TA
Telephone: +44 (0)1323 870495

PLEASE NOTE

There is one ground floor room which is wheelchair accessible. There is no lift or step-free access to the first floor Bridge Room, the Pilgrims' Room.



Prices Per Person *(*based on two people sharing)*

	♣	♦	♥	♠	NT
Full Price*	£1440	£1520	£1620	£1720	£1880
With 10% loyalty discount*	£1296	£1368	£1458	£1548	£1692
Single occupancy	£1870	£1960	£2050	£2160	£2390
Single occupancy with discount	£1683	£1764	£1845	£1944	£2151

Loyalty Discount

We are offering a 10% loyalty discount on the holiday price for all previous StockenBridge Breaks guests, provided that the holiday is booked before the 31st August 2026.

If you would like to share a room with a friend, the discount will apply to them too.

How to Book

To book your holiday, please first email Claudia (see below) to check availability. Then fill out and submit the on-line booking form - contact us for the link or see the Star holiday page of our website. Alternatively we can email or send a booking form to you to print out and fill in. Please also pay the deposit of £200 per person by bank transfer. Please see our website or contact us by email for payment details. The full payment will be due by 30th November 2026.

See our website for our Terms and Conditions or we can email them to you.

Financial Protection Your money paid to us is fully protected against the insolvency of StockenBridge Breaks, in compliance with the Package Travel Regulations 1992. In this unlikely event, you will receive a full refund of your money.

For more details:

website: www.stockenbridgebreaks.com

email: claudia@stockenbridgebreaks.com or zeb@stockenbridge.co.uk

telephone: +44 7951 060092 (Zeb - UK) or +33 663999289 (Claudia - France)

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