STOCKENBRIDGE BREAKS





Learn Bridge in 4 days! A Beginner's Bridge Break in Olga Polizzi's gorgeous and acclaimed hotel by the sea

from £994pp* including:

* with 15% 'Group of 4' Discount

4 nights' stay in Olga Polizzi's super stylish luxury 5-star hotel

Half board every day including:

- A feast of a breakfast with an array of hot and cold options including full English
- afternoon tea with freshly made biscuits
- three-course dinner in the 3-rosette restaurant with 1/2 bottle per person of selected wines

Refreshments available during bridge play

Reception with aperitif on the first evening

All bridge tuition and course notes

Very special bridge holidays

Why learn Bridge?

Bridge is the most popular card game in the world and played by one in fifteen people in the UK alone. A highly stimulating and hugely addictive game, bridge is currently enjoying a huge resurgence of popularity. The benefits for children include improving skills in numeracy, memory and concentra-



tion; and for adults include mental stimulation helping to keep the brain active and to stave off degenerative diseases. It can be enjoyed at many levels from a social game amongst friends right up to serious competition level. As

well as the intellectual and competitive elements, the social side of bridge cannot be underestimated. Many lifelong friends are formed at the bridge table!

Beginner Bridge with the Stockens

Zeb Stocken has many years experience of teaching and hosting bridge events; Claudia – Zeb's sister – will be on hand to ensure the smooth running of your holiday; and their mother, Dinah, will make up the bridge team. Whether you are starting from scratch or just a bit rusty, you will advance quickly and at the end of the stay feel confident to go to the next bridge level.

Lessons will be in the morning (*10am - 12.30pm*) and in the afternoon (*5pm - 7.30pm*). There will also be optional fun, relaxing bridge after dinner.

'A truly wonderful experience. The bridge tuition has far exceeded my expectations and the team have been fantastic.'

'Excellent course and practice. Confidence boosting - the perfect platform to get started. I have been left full of enthusiasm to 'get going' when I get home.'







Hotel Tresanton

St Mawes invigorates you with its fresh sea air, warm micro-climate and a clarity of light cherished by visiting artists. This is probably the smartest hotel in Cornwall, not because of formality or grandeur *(in fact, quite the opposite)*, but because of how it makes you feel - wonderful! A former yachting club, the hotel was fashioned from a cluster of old houses in the 1950s, hence its higgledy-piggledy levels.

Step forward Olga Polizzi in 1999, and Tresanton was transformed into the Cornish equivalent of a chic and sprawling Greek villa, full of mood-lit nooks and characterful rooms. There are fantastic views throughout the hotel across the sheltered bay to St Anthony's lighthouse and the rolling hills of the Roseland peninsula.

Delicious food in Tresanton's 3-rosette restaurant

The dining room has a calm and cool Mediterranean atmosphere with a mosaic floor and tongue and groove walls and magnificent sea views - one of the loveliest places to eat in England. Paul Wadham has been cooking at Tresanton for over 13 years and has been awarded 3 AA rosettes for his modern, Mediterranean-influenced cooking, focusing on local, fresh ingredients, simply done. The menu has plenty of seafood and changes daily to ensure that only the freshest catch is available to the guests. At breakfast,

a round table groans with fresh berries and fruits, delicious granola, creamy yoghurts and warm pastries; from the extensive cooked menu, order fluffy pancakes, eggs Benedict on muffins, full english, smoked salmon, kippers...

For more information and photographs, please visit the website: tresanton.com







MENU at TRESANTON

Roasted beetroot, goat's cheese, watercress and walnut salad Crab, confit tomato, avocado, quail's egg and lamb's lettuce Parma ham, bresaola, salamis, celeriac and grissini Hand dived scallops, tomatoes, olives and fennel Chicory, pear, manchego, rocket and raisin salad

Brill on the bone, purple sprouting broccoli, potato rosti and citrus sauce Terras Farm duck, bubble and squeak, red cabbage and apple Whole lemon sole, mussels, mash potatoes and cavolo nero Pork belly, roast new potatoes, carrots, celeriac and caramelised apple Ravioli, Jerusalem artichoke, oyster mushrooms and goat's cheese

Lemon tart with orange and pomegranate Chocolate financier, dark chocolate mousse and blueberry compote Burnt English custard, raspberries and a poppy seed tuile Rhubarb pannacotta, rhubarb compote and meringue A selection of West Country cheeses (eg Sharpham Elmhirst, Miss Muffet, Keens)



Please Note

Dinner will be accompanied by half a bottle of house wine per person.

This is a sample menu and will vary according to the season and availability of produce. There will be a choice of 2 dishes for each course, ordered in advance. Included in the price is a feast of a breakfast with hot and cold choices including a full English breakfast.

Lunch is not included in the price of your holiday giving you the flexibility to eat at the hotel, or eat in the locality. The à la carte lunch menu has a delicious selection of dishes with prices from £8 and a set menu from £25. Any special diets can be catered for.

Accommodation

Tresanton has 30 bedrooms spread out over a cluster of five houses on the hillside: the Main House, Upper Tresanton, Lower Tresanton, Nook and Rock Cottage. All but two of the rooms have magnificent sea views, eleven have terraces and all have been individually and beautifully furnished with antiques and Cornish art. All rooms have en-suite bathrooms with Ren toiletries - some with baths, some with showers and some both. Most rooms can be double or twinned. There are also two 2-bedroom suites. There is free wifi throughout the hotel. Please contact us for further details about the rooms and bathrooms, as they are all different! Please note that the hotel does not have a lift and being on a hill, there are outside steps linking the different levels and houses of the hotel. *Bedrooms are available from 2.30pm and check out is 11am*.

'If there is any more elegant hotel in Britain than Olga Polizzi's Tresanton on the Cornish Coast, then I have never been there' - The Independent



Small 💠	Most have sea view except two larger rooms (<i>one of which has private garden</i>). Main House, Nook, and Rock Cottage
Medium 🔶	Sea view. All in Main House.
Spacious 💙	Sea view. Main House, Upper and Lower Tresanton.
Favourite 🛧	Sea view. Separate shower and bath. Some have seating area. Main house, Nook and Lower Tresanton.
Forte NT	Large suite. Sea view. Balcony and crow's nest terrace. Bath with shower over. Log burner in sitting room. Rock Cottage. Best room of the hotel.

Other things to do around and about

There are no bridge sessions scheduled for the afternoons, so this would be the perfect time to explore the local surroundings.

Walking

From the hotel, there are some beautiful coastal and river walks and many pristine sandy coves and sweeping beaches. For a lovely 3-mile stroll, take the coastal path along the river Fal, past the 16th century castle built for Henry VIII, to the picturesque 14th-century church of St Just-in-Roseland (*right*), which John Betjeman called 'the most beautiful churchyard on earth'.

St Mawes and Falmouth

Visit the cafes, galleries and boutique shops of pretty St Mawes or catch the foot ferry across to Falmouth (*right*) for the National Maritime museum, the Falmouth Art Gallery and some lovely antique shops. A perfect opportunity for Christmas shopping!

Gardens

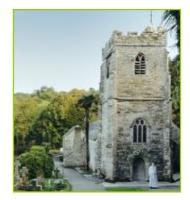
There are many beautiful gardens nearby open all year round including the meticulously restored Lost Gardens of Heligan, Trebah Garden, the world-famous Eden Project and National Trust's Trelissik.

Golf, swimming and fishing

There are three good golf courses near the hotel, swimming in the sea from the small beach below the hotel (*for the brave!*), and fishing trips can be arranged.

Massage and Beauty Treatments

If this all seems too energetic, why not treat yourself to an amazing four-hand massage, just one of many enticing treatments from the in-house masseurs.





Travel Details

Hotel Tresanton is on the seafront of St Mawes on Cornwall's south coast, south-west England. It's 18 miles from Truro and a short ferry ride across from Falmouth.

Travelling by car:

Hotel Tresanton is 3 hours south-west of Bristol and around 5 hours from west London. The private open air car park is a steep walk up steps behind the hotel, but on arrival you can park immediately outside and the hotel's valet service will move it for you.



Travelling by train:

There are regular, direct services from Bristol, Exeter, London Paddington to Truro and St. Austell which are both about a 40-minute taxi ride to Hotel Tresanton.

We will organise transfers for a selected direct train from Paddington to St Austell to fit in with checking in and out - $\pounds 25$ pp return, $\pounds 15$ pp one way.

Travelling by air:

The closest airport is Newquay, 27 miles away (*about 50 minutes drive*). Flybe and British Airways operate regular flights from London Gatwick, Heathrow and City.

Address: Hotel Tresanton, St Mawes, Cornwall, TR2 5DR Telephone: +44 (0)1326 270055



Prices Per Person (*based on two people sharing)

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Full Price*	£1170	£1270	£1370	£1470	£1630
With 15% 'group of 4' discount*	£994	£1079	£1164	£1249	£1385
Single occupancy	£1610	£1710	£1810	£1910	£2080
Single occupancy with discount	£1368	£1453	£1538	£1623	£1768

Group of 4 Discount

We are offering a 15% 'Group of 4' discount on the holiday price for any group of 4 guests booking at the same time. The advantage of booking with 3 friends you will be able to continue playing together after the holiday has finished either face-to-face or on-line.

How to Book ...

To book your holiday, please first email Claudia (see below) to check availability. Then fill out and submit the on-line booking form - contact us for the link or see the Tresanton holiday page of our website. Alternatively we can email or send a booking form to you to print out and fill in. Please also pay the deposit of £200 per person by bank transfer. Please see our website or contact us by email for payment details. The full payment will be due by 30th September 2023. See our website for our Terms and Conditions or we can email them to you.

<u>Financial Protection</u> Your money paid to us is fully protected against the insolvency of StockenBridge Breaks, in compliance with the Package Travel Regulations 1992. In this unlikely event, you will receive a full refund of your money.

For more details:

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